



Relational
competences

Based on the concept of familylab
and Jesper Juul

familylab
association.com

Knowledge, skills and experiences of our instructors, all of whom share a common focus on relationships - those between family members (when we talk about family therapy) and those relationships within pedagogical or educational groups, when focusing on work with groups.

In the way the programme is designed and structured, it offers opportunities to discover sources and ways of support for teachers, pedagogues and other professionals.

Module 1, 13.-16.11.25: Peter Mortensen

Introduction: experience-oriented family therapy, theoretical and historical overview; Personal biography, Core competencies, Experiential and process work.

Module 2, 29.1.-1.2.26: Peter Mortensen

Understanding and experiencing the Pentagram;
Understanding and training relational competences.

Module 3, 12.-15.3.26: Caroline Märki

Self-esteem and self-confidence – core concept of well-being;
How does our own self-esteem develop and how can we strengthen it in children and young people?

Module 4, 23.-26.4.26: Dušanka Kosanović

Existential conflict and how it manifests itself in children and young people; Personal and relational responsibility; Adult leadership - leadership in families and in groups.

Module 5, 4.-7.6.26: Dušanka Kosanović

Loss and grieving; Specificities in children, young people and adults; Grief support.

Module 6, 2.-5.7.26: Caroline Märki

Sources of support for teaching staff and other professionals - collegial reflection.

Module 7, 27.-30.8.26: Peter Mortensen

Completion of education; Overview of achieved goals and insights on development; Feedback sessions.

The methodology of work used throughout all the modules activates the relational potential of participants in such a way that their learning about relationships is theoretical, practical and personal.

Our experience shows that through personal engagement, taking responsibility for being part and participating in a group, and through competent leadership, groups become a safe place for individual and collective processes.

Price per person (including accommodation and food): EUR 3,800.00

Venue: Ekocentrum Loutí, Prague Czech Republic

Application details: CV and online interview

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